District 2-6AAAAAA & District 4-6AAAAAA Track & Field Friday, May 4, 2018 @ Nusenda Community Stadium

Runnin	g Events		
3:00	100 Hurdles	Girls	2-6A
	100 Hurdles	Girls	4-6A
	110 Hurdles	Boys	2-6A
	110 Hurdles	Boys	4-6A
	100 Dash	Girls	2-6A
	100 Dash	Girls	4-6A
	100 Dash	Boys	2-6A
	100 Dash	Boys	4-6A
	400 Dash	Girls	2-6A
	400 Dash	Girls	4-6A
	400 Dash	Boys	2-6A
	400 Dash	Boys	4-6A
	300 Hurdles	Girls	2-6A
	300 Hurdles	Girls	4-6A
	300 Hurdles	Boys	2-6A
	300 Hurdles	Boys	4-6A
	200 Dash	Girls	2-6A
	200 Dash	Girls	4-6A
	200 Dash	Boys	2-6A
	200 Dash	Boys	4-6A
	3200 Run	Girls	2-6A
	3200 Run	Girls	4-6A
	3200 Run	Boys	2-6A
	3200 Run	Boys	4-6A

Top eight to finals in running preliminaries

Field Events - All Finals

2:30	Weigh In of Implements		
3:00	Javelin	Boys	2-6A
	Long Jump	Girls	2-6A & 4-6A
	Shot Put	Girls	2-6A
	High Jump	Boys	2-6A & 4-6A
3:30	Pole Vault	Boys	2-6A & 4-6A
4:00	Javelin	Boys	4-6A
	Shot Put	Girls	4-6A
5:00	Long Jump	Boys	2-6A & 4-6A
	Shot Put	Boys	2-6A
	High Jump	Girls	2-6A & 4-6A
	Javelin	Girls	2-6A
5:30	Pole Vault	Girls	2-6A & 4-6A
6:00	Javelin	Girls	4-6A
	Shot Put	Boys	4-6A

District 2-6AAAAAA & District 4-6AAAAAA District Track & Field Saturday, May 5, 2018 @Nusenda Community Stadium

Runnin	g Events-Finals		
9:15	400 Relay	Girls	2-6A
	400 Relay	Girls	4-6A
	400 Relay	Boys	2-6A
	400 Relay	Boys	4-6A
	100 Hurdles	Girls	2-6A
	100 Hurdles	Girls	4-6A
	110 Hurdles	Boys	2-6A
	110 Hurdles	Boys	4-6A
	100 Dash	Girls	2-6A
	100 Dash	Girls	4-6A
	100 Dash	Boys	2-6A
	100 Dash	Boys	4-6A
	1600 Run	Girls	2-6A
	1600 Run	Girls	4-6A
	1600 Run	Boys	2-6A
	1600 Run	Boys	4-6A
	800 Relay	Girls	2-6A
	800 Relay	Girls	4-6A
	800 Relay	Boys	2-6A
	800 Relay	Boys	4-6A
	400 Dash	Girls	2-6A
	400 Dash	Girls	4-6A
	400 Dash	Boys	2-6A
	400 Dash	Boys	4-6A
	300 Hurdles	Girls	2-6A
	300 Hurdles	Girls	4-6A
	300 Hurdles	Boys	2-6A
	300 Hurdles	Boys	4-6A
	800 Run	Girls	2-6A
	800 Run	Girls	4-6A
	800 Run	Boys	2-6A
	800 Run	Boys	4-6A
	1600 Medley	Girls	2-6A
	1600 Medley	Girls	4-6A
	1600 Medley	Boys	2-6A
	1600 Medley	Boys	4-6A
	200 Dash	Girls	2-6A
	200 Dash	Girls	4-6A
	200 Dash	Boys	2-6A
	200 Dash	Boys	4-6A
	15 Minute Break		
	1600 Relay	Girls	2-6A
	1600 Relay	Girls	4-6A
	1600 Relay	Boys	2-6A
	1600 Relay	Boys	4-6A
	Presentation of Trophies		

Field Events, Saturday, May 5. 2018

7:15	Weigh- In of Implements		
7:45	Discus	Boys	2-6A
8:30	Triple Jump	Girls	2-6A & 4-6A
8:45	Discus	Boys	4-6A
9:30	Triple Jump	Boys	2-6A & 4-6A
9:45	Discus	Girls	2-6A
10:45	Discus	Girls	4-6A

Work Assignments: Each school will work for the duration of assigned event (all districts boys & girls)

Pole Vault La Cueva & West Mesa

Long Jump Eldorado

Triple Jump Manzano

Shot Put Atrisco Heritage

Discus Albuquerque High & Sandia

High Jump Valley

Javelin Highland & Rio Grande

Blocks & Runners TBA

District 2 & 4-6AAAAA

- No changes in heats and lanes will be allowed and athletes must compete as assigned.
- A mark must be shown for each competitor entered, **UNLESS** this is his/her first varsity competition. If no mark is given, the contestant will be placed in slow heat.
- All 2 & 4-6AAAAAA entries through Direct Athletics. **DIRECT ATHLETICS DEADLINE:** Thursday, May 3, at 9:00 AM. After seeding is complete, coaches will only be able to scratch athletes—**No Additions**
- Each team is allowed 5 Individual Entries and 1 Relay.
- We will be taking a vote from the District Schools on the throwing events. Since we have to measure every throw, do we want prelims and finals. Or does everyone get four throws.
- The long jump, triple jump, pole vault and high jump, will be run in conjunction with the other district.
- Scoring is 7-5-4-3-2-1 for Individual. Relays are 10-8-6-4-2-1.
- Medals will be given to the top three finishers in all events.